



SEAMAC

International Training Institute

Ground Floor 867 G. Tolentino St., Sampaloc, Manila
Tel. No. 736-7885 · Telefax 734-3461 · Cellphone No. 0922-8845332

Certificate No: SCS-NCI - 2108004
Registration No: 57152

COMPANY WITH
QUALITY SYSTEM
CERTIFIED BY DNV GL
= ISO 9001 =

Certificate of Completion



This certificate is issued to

JOHN PAUL B. ARETE

For having successfully completed the training in

SHIPS' CATERING SERVICES NC I

(Messman - 50 Hours)

Conducted from August 02 to August 07, 2021. The course conducted in
BLENDED LEARNING mode covers different units of competencies for Ship's Catering Services
NC I, such as:

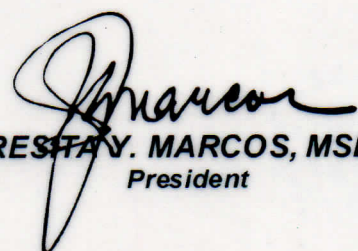
- Overview of MLC 2006
- Messman Duties and Responsibilities
- Work Values
- Housekeeping Procedures and Services
- Personal Health and Hygiene
- Food Safety and Sanitation
- Catering Health and Safety Practices
- Protect Marine Environment/Waste Segregation Management
- Work Within Multi-cultural and Religious Environment
- Mess Hall Service
- Receiving and Storing Provisions and Supplies

The course is in compliance with standard A3.2 of regulation 3.2 of Maritime Labour
Convention (MLC) 2006.

Issued this 07th day of August, 2021, in the City of Manila, Philippines.


NICOLAS E. SABULAO JR.
Training Director




TERESITA Y. MARCOS, MSBM
President